



Lincolnshire  
**SUICIDE SAFE**  
Supporting Awareness for Everyone

# Suicide prevention is everybody's business

*Everyone can play a role in preventing suicides. We want to work with businesses and organisations, no matter how small, to help raise awareness of what we can all do to support our family, friends, colleagues and neighbours when they might be struggling.*

**[www.lpft.nhs.uk/suicidesafe](http://www.lpft.nhs.uk/suicidesafe)**  
*Samaritans helpline - Call 116 123 or email [jo@samaritans.org](mailto:jo@samaritans.org)*

## By signing up you pledge to:

- Develop a culture where people are comfortable talking about difficult issues
- Raise awareness of suicide - using our toolkit of posters and useful information and share regular updates
- Help recognise the signs and triggers for those at risk and support vulnerable individuals
- Learn how to respond to someone who may be at risk

Visit [www.lpft.nhs.uk/suicidesafe](http://www.lpft.nhs.uk/suicidesafe)

Email: [SuicideSAFE@lincolnshire.gov.uk](mailto:SuicideSAFE@lincolnshire.gov.uk)